



# KRIPALU SCHOOL OF INTEGRATIVE YOGA THERAPY

Yoga Therapy Applied in Medical Settings

**Dr. Lisa B. Nelson, Dr. Baxter Bell, Ellen Schaeffer, and more**

**FRIDAY, MARCH 3**

2:00-5:00 pm

**SATURDAY, MARCH 4**

9:00 am-12:00 pm

2:00-5:00 pm

**SUNDAY, MARCH 5**

9:00 am-12:00 pm

**MONDAY, MARCH 6**

9:00-10:30 am\*

**WEDNESDAY, MARCH 8**

6:30-8:30 pm\*

**FRIDAY, MARCH 10**

2:00-5:00 pm

**SATURDAY, MARCH 11**

9:00 am-12:00 pm

2:00-5:00 pm

**SUNDAY, MARCH 12**

9:00 am-12:00 pm

**MONDAY, MARCH 13**

9:00-10:30 am\*

**WEDNESDAY, MARCH 15**

6:30-8:30 pm\*

**FRIDAY, MARCH 17**

2:00-5:00 pm

**SATURDAY, MARCH 18**

9:00 am-12:00 pm

2:00-5:00 pm

**SUNDAY, MARCH 19**

9:00 am-12:00 pm

**MONDAY, MARCH 20**

9:00-10:30 am\*

**WEDNESDAY, MARCH 22**

6:30-8:30 pm\*

**FRIDAY, MARCH 24**

2:00-5:00 pm

**SATURDAY, MARCH 25**

9:00 am-12:00 pm

2:00-5:00 pm

**SUNDAY, MARCH 26**

9:00 am-12:00 pm

**MONDAY, MARCH 27**

9:00-10:30 am\*

**WEDNESDAY, MARCH 29**

6:30-8:30 pm\*

**FRIDAY, MARCH 31**

2:00-5:00 pm

**SATURDAY, APRIL 1**

9:00 am-12:00 pm

2:00-5:00 pm

**SUNDAY, APRIL 2**

9:00 am-12:00 pm

**\*Please note** In-person attendance optional for these sessions