



KRIPALU SCHOOL OF INTEGRATIVE YOGA THERAPY

Yoga Therapy Applied in Medical Settings

Dr. Lisa B. Nelson, Dr. Baxter Bell, Marlysa Sullivan, and more

FRIDAY, MARCH 3

2:00-5:00 pm

SATURDAY, MARCH 4

9:00 am-12:00 pm

2:00-5:00 pm

SUNDAY, MARCH 5

9:00 am-12:00 pm

MONDAY, MARCH 6

9:00-11:00 am*

WEDNESDAY, MARCH 8

6:30-8:30 pm*

FRIDAY, MARCH 10

2:00-5:00 pm

SATURDAY, MARCH 11

9:00 am-12:00 pm

2:00-5:00 pm

SUNDAY, MARCH 12

9:00 am-12:00 pm

MONDAY, MARCH 13

9:00-11:00 am*

WEDNESDAY, MARCH 15

6:30-8:30 pm*

FRIDAY, MARCH 17

2:00-5:00 pm

SATURDAY, MARCH 18

9:00 am-12:00 pm

2:00-5:00 pm

SUNDAY, MARCH 19

9:00 am-12:00 pm

MONDAY, MARCH 20

9:00-11:00 am*

WEDNESDAY, MARCH 22

6:30-8:30 pm*

FRIDAY, MARCH 24

2:00-5:00 pm

SATURDAY, MARCH 25

9:00 am-12:00 pm

2:00-5:00 pm

SUNDAY, MARCH 26

9:00 am-12:00 pm

MONDAY, MARCH 27

9:00-11:00 am*

WEDNESDAY, MARCH 29

6:30-8:30 pm*

FRIDAY, MARCH 31

2:00-5:00 pm

SATURDAY, APRIL 1

9:00 am-12:00 pm

2:00-5:00 pm

SUNDAY, APRIL 2

9:00 am-12:00 pm

***Please note** In-person attendance optional for these sessions