



200-HOUR KRIPALU MEDITATION TEACHER TRAINING

Monique Schubert

FRIDAY, MARCH 22

6:30–8:00 pm

SATURDAY, MARCH 23

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, MARCH 24

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

FRIDAY, APRIL 5

6:30–8:00 pm

SATURDAY, APRIL 6

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, APRIL 7

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

MONDAY, APRIL 15

6:30–8:00 pm

FRIDAY, APRIL 19

6:30–8:00 pm

SATURDAY, APRIL 20

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, APRIL 21

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

MONDAY, APRIL 29

6:30–8:00 pm

FRIDAY, MAY 3

6:30–8:00 pm

SATURDAY, MAY 4

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, MAY 5

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

MONDAY, MAY 13

6:30–8:00 pm

FRIDAY, MAY 17

6:30–8:00 pm

SATURDAY, MAY 18

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, MAY 19

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

FRIDAY, MAY 31

6:30–8:00 pm

SATURDAY, JUNE 1

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, JUNE 2

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

MONDAY, JUNE 3

6:30–8:00 pm

MONDAY, JUNE 10

6:30–8:00 pm

ON CAMPUS IMMERSION BEGINS:

TUESDAY, JUNE 18

7:00–8:30 pm

WEDS., JUNE 19—SAT., JUNE 22

6:30–7:45 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, MAY 19

6:30–7:45 am

9:30 am–12:00 pm