



UNITING YOGA AND AYURVEDA: BALANCING THE DOSHAS
April 14–May 9, 2021
Kate O’Donnell and Larissa Hall Carlson

April	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15 6:30–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	16 6:30–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	17 6:30–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm
	18 6:30–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	19	20	21 5:30–7:30 pm	22	23	24
	25	26	27	28	29	30	

Please note Times are subject to change. All times are EST and will be streamed live via Zoom.



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	16	17	18	19	20	21	22
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