



## Radiant Lotus Women's Qigong (RLWQ) Level 1 Practice Leader Certification / Personal Retreat

### Application Form

Please complete and email this online registration form to Program Manager, Cheri Trousil, at [cheri@radiantlotusqigong.com](mailto:cheri@radiantlotusqigong.com). The application is in Word .doc file so you can use as much space as needed. Please save the file with your name at the end. eg:

**2020 RLWQ PL Application Jane Doe**

Name: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_ Web: \_\_\_\_\_

### **Please check if you plan to become a RLWQ Practice Leader:**

I agree to a minimum of 180 days of personal home practice after the 7-day intensive so I am familiar with the full range of possibilities this practice provides, and am able to embody the principles of RLWQ.

I will submit a 3 page summary of my journal entries after the 180 days.

I must pass an online exam, plus a practical exam via zoom video, so that I am assured of my theoretical and practical knowledge at the end of the 180 days of practice before I begin teaching. \*Daisy will send you zoom link for practical exam once date is arranged.

\*Note: if you need additional training beyond the 180 days, you may take extra time to integrate what you have learned before submitting your exam. Please keep in mind that certification is not automatic, but based on the embodied knowledge and principles of RLWQ.

**Tuition for Practice Leaders in Training: \$995 USD** (does not include food or accommodations)

**Exam Fee** is separate: \$250 (to be paid at time of practical exam to Radiant Lotus LLC. Payment can be made free of charge via Zelle from your bank using [radiantlotus@gmail.com](mailto:radiantlotus@gmail.com)).

**OR:**

**Please check if you are attending on personal retreat only:**

I would like to attend for my own personal study and self-healing. This course counts as 50 in-person study hours of which I can add to my official live Qigong training hours should I apply for professional certification through the National Qigong Association ([www.nqa.org](http://www.nqa.org)). I am expected to participate in all aspects of this training to the best of my ability.

**Tuition for Personal Retreat: \$995 USD** (no pre-requisites)

**Please answer these questions if you are attending for Certification:**

1. **Qigong Experience** (please specify number of hours of previous *in-person* Qigong training, type(s) of Qigong, and teachers names, if you took classes with a live teacher. In a separate paragraph, specify the number of hours of training from online sources. Include the name of teacher, type of program and dates. \*Take as much room as you need as this is a Word.doc.
2. **Did you complete both courses in Daisy's Shift Network programs?** (*The Radiant Lotus Qigong Path for Women and Deepening Into the Radiant Lotus Qigong Path?*) Describe the most impactful elements to your life from what you learned in these courses.
3. **Teaching Experience:** do you have teaching experience in Qigong, Tai Chi, Yoga or another "movement and energy-based practice"? If so, what kind of practice(s) and for how many years have you been teaching?
4. **Please share why you want to teach Radiant Lotus Women's Qigong.**

**The US Training Location will be from June 14-21, 2020 at:**  
Kripalu Center for Yoga & Health, 57 Interlaken Road, Stockbridge, MA 01262