



200-HOUR FOUNDATIONS OF AYURVEDA

Erin Casperson

WEDNESDAY, SEPTEMBER 18

4:00–6:00 pm

FRIDAY, SEPTEMBER 20

9:00 am–12:00 pm

2:00–4:00 pm

SATURDAY, SEPTEMBER 21

9:00 am–12:00 pm

2:00–4:00 pm

SUNDAY, SEPTEMBER 22

9:00 am–1:00 pm

WED., SEPT. 25 & OCT. 2, 9, 16

4:00–6:00 pm

FRIDAY, OCTOBER 18

9:00 am–12:00 pm

2:00–4:00 pm

SATURDAY, OCTOBER 19

9:00 am–12:00 pm

2:00–4:00 pm

SUNDAY, OCTOBER 20

9:00 am–1:00 pm

WED., OCT. 23, 30 & NOV. 6

4:00–6:00 pm

FRIDAY, NOVEMBER 8

9:00 am–12:00 pm

2:00–4:00 pm

SATURDAY, NOVEMBER 9

9:00 am–12:00 pm

2:00–4:00 pm

SUNDAY, NOVEMBER 10

9:00 am–1:00 pm

WED., NOV. 13, 20 & DEC. 4, 11

4:00–6:00 pm

FRIDAY, DECEMBER 13

9:00 am–12:00 pm

2:00–4:00 pm

SATURDAY, DECEMBER 14

9:00 am–12:00 pm

2:00–4:00 pm

SUNDAY, DECEMBER 15

9:00 am–1:00 pm

WED., DEC. 18 & JAN. 8

4:00–6:00 pm

FRIDAY, JANUARY 10

9:00 am–12:00 pm

2:00–4:00 pm

SATURDAY, JANUARY 11

9:00 am–12:00 pm

2:00–4:00 pm

SUNDAY, JANUARY 12

9:00 am–1:00 pm

WED., JAN. 15, 22, 29 & FEB. 5

4:00–6:00 pm

FRIDAY, FEBRUARY 7

9:00 am–12:00 pm

2:00–4:00 pm

SATURDAY, FEBRUARY 8

9:00 am–12:00 pm

2:00–4:00 pm

SUNDAY, FEBRUARY 9

9:00 am–1:00 pm

WED., FEB. 12, 19, 26 & MARCH 5

4:00–6:00 pm

FRIDAY, MARCH 7

9:00 am–12:00 pm

2:00–4:00 pm

SATURDAY, MARCH 8

9:00 am–12:00 pm

2:00–4:00 pm

SUNDAY, MARCH 9

9:00 am–1:00 pm

WEDNESDAY, MARCH 12

4:00–6:00 pm