

## **WATERCOLOR: A NEW BEGINNING**

### *MATERIALS LIST*

If you have painted before, and have comparable materials, bring what you have. I will have Academy Paints (\$6/tube), Arches paper (\$8/sheet), brushes, folding palettes, and other supplies for sale at the workshop.

### **WATERCOLORS**

Tube colors, professional grade if possible.

1 red Permanent Rose, Red Rose Deep, or Thalo Red

1 yellow Any Light Yellow (**except Naples Yellow**)

2 blues Ultramarine Blue **and** Thalo Blue **or** Winsor Blue **Green** shade

**Note** Grumbacher Academy and Van Gogh are good quality student grade watercolors that are widely available; Cotman is not recommended. All “professional” and “artist” grade paints are fine. They can all be used together.

### **PAPER**

140# Cold pressed **100% rag** watercolor paper; Arches preferred.

1 full sheet (22”x 30”) torn or cut into halves or quarters or Arches 9” x 12” pad

I will have full sheets of paper for sale for \$8 a sheet. **Note** If you have painted before and have good watercolor paper that you’ve painted on one side but don’t want to keep, workshops are good times to use the other sides. Also, cheaper watercolor paper can be used for color mixing exercises.

### **BRUSHES**

**Watercolor** Brushes (Need not be expensive, synthetic is fine); Round: Size 10 **or** 12 and  $\frac{3}{4}$  flat.

### **PALETTE**

A white plate with a plastic bag to fit is fine. If you want to buy a palette get a **folding** watercolor palette **or** a **covered watercolor** palette with a **large mixing area**. I use a folding palette (for traveling) and the “John Pike- Regular” palette in the studio.

### **OTHER NECESSITIES**

Two water containers (plastic quart tubs, etc.)

Small spray bottle/mister

Old toothbrush

Sponge

Support board; maximum size 12” x 16” (corrugated, Masonite, plexi, plywood, foamcore, etc.)

Hair dryer (optional)

2B pencil

Small salt shaker (optional)

Eraser: White plastic and/or “kneaded”

Sketchbook or notebook

Paper towels, tissues, and masking tape will be provided, but you may bring your own.

**Recommended text** *Watercolor: A New Beginning: A Holistic Approach to Painting*, available at [annlindsay.org/book.html](http://annlindsay.org/book.html) (\$40 + \$5 priority shipping)

**Kits** can be rented for \$30 **or** purchased **in advance** for \$70 and include 1 full sheet of Arches 100% rag cold-press watercolor paper, (4) 5ml tubes of Grumbacher Academy watercolors, 4 synthetic watercolor brushes: (3/4" flat, #6 & #14 rounds 1 script liner), 1 folding watercolor palette, a sponge, pencil, eraser and support board. Rented kits include paper, brushes & enough paint for the workshop. *You will need to bring 2 water containers, an old toothbrush, a small salt shaker, and a sketchbook or notebook.*

To rent or purchase a kit, or if you have any questions, contact Ann: 518-658-2960 or [ann@annlindsay.org](mailto:ann@annlindsay.org)