



KRIPALU SCHOOL OF YOGA: GUIDING MEDITATION

October 7–November 7, 2021

Kripalu Faculty

October	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1	2
	3	4	5	6	7	8 7:15–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	9 7:15–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm
	10 7:15–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	11	12	13	14 6:00–8:00 pm	15	16
	17	18	19	20 6:00–7:30 pm	21	22 7:15–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	23 7:15–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm
	24 7:15–8:00 am 9:00 am–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	25	26	27	28	29	30
	31			6:00–7:30 pm			

Please note Times are subject to change. All times are EST and will be streamed live via Zoom.



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	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
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