



GETTING THE LOVE YOU WANT
Harville Hendrix and Helen LaKelly Hunt
December 10-12, 2021

FRIDAY, DEC. 10

7:00–9:00 pm

Opening Session

Learn the skills of mirroring and appreciation, sentence stems, introduction to zero negativity, and affirmations. Includes one hour of self-guided practice.

SATURDAY, DEC. 11

10:00 am–12:00 pm

Morning Session

Learn about the formation of Imago, connecting, childhood challenges and needs and the skill of the challenge and needs dialogue. Includes two and a half hours of self-guided practice.

4:00–6:00 pm

Afternoon Session

Learn about zero negativity, behavior change request, and the skill of the frustration dialogue.

SUNDAY, DEC. 12

10:00 am–12:00 pm

Morning Session

Explore the core skills for re-visioning, caring behaviors, surprises and fun, and positive flooding. Includes half an hour of self-guided practice.