



KSIYT Module 4: Yoga Therapy Applied in Medical Settings

January 7–30, 2022

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JANUARY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2022							1
	2	3	4	5	6	7 9:00–12:00 pm 2:00–5:00 pm	8 9:00–12:00 pm 2:00–5:00 pm
	9 9:00–12:00 pm	10 9:00–10:15am*	11	12 6:30–8:00pm*	13	14 9:00–12:00 pm 2:00–5:00 pm	15 9:00–12:00 pm 2:00–5:00 pm
	16 9:00–12:00 pm	17 9:00–10:15am*	18	19 6:30–8:00pm*	20	21 9:00–12:00 pm 2:00–5:00 pm	22 9:00–12:00 pm 2:00–5:00 pm
	23 9:00–12:00 pm	24 9:00–10:15am*	25	26 6:30–8:00pm*	27	28 9:00–12:00 pm 2:00–5:00 pm	29 9:00–12:00 pm 2:00–5:00 pm
	30 9:00–12:00 pm	31					

**\*Please note** Times are subject to change. All times are EST and will be streamed live via Zoom. Monday classes don't need to be attended live, but are required—replay videos can be watched on demand. Wednesday sessions are optional.