



300-HOUR ONLINE KRIPALU YOGA TEACHER TRAINING
 February 24–March 27, 2022
 Sudha Carolyn Lundeen, Janna Delgado, and Sam Chase

FEBRUARY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2022			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25 7:00–8:15 am 9:00–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	26 7:00–8:15 am 9:00–12:00 pm 2:00–4:00 pm 4:30–6:00 pm
	27 7:00–8:15 am 9:00–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	28					

Please note Times are subject to change. All times are EST and will be streamed live via Zoom.



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MARCH	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2022			1	2	3	4	5
				6:00–7:30 pm			
	6	7	8	9	10	11 7:00–8:15 am 9:00–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	12 7:00–8:15 am 9:00–12:00 pm 2:00–4:00 pm 4:30–6:00 pm
	13 7:00–8:15 am 9:00–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	14	15	16	17	18	19
				6:00–7:30 pm			
	20	21	22	23	24	25 7:00–8:15 am 9:00–12:00 pm 2:00–4:00 pm 4:30–6:00 pm	26 7:00–8:15 am 9:00–12:00 pm 2:00–4:00 pm 4:30–6:00 pm
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