

## **Kripalu School of Integrative Yoga Therapy Upcoming Module Dates**

**Foundations of Yoga Therapy, Part 1** *(2023 and 2024 Tuition: \$2002 plus accommodations and meals for on campus program, delivery; 2025 tuition is TBD)*

- July 10, 2023 – July 23, 2023 (On Campus)
- January 5, 2024 – February 11, 2024, (Online over 6 weekends)
- July 11, 2024 – July 24, 2024 (On Campus)
- January 10, 2025 – February 16, 2025 (Online over 6 weekends)
- July 11, 2025 – July 24, 2025 (On Campus)

**Foundations of Yoga Therapy, Part 2** *(2023 and 2024 Tuition: \$2002 plus accommodations and meals for on campus program, delivery)*

- August 11, 2023 – September 24, 2023 (Online over 6 weekends)
- February 16, 2024 – March 24, 2024 (Online over 6 weekends)
- July 25, 2024 – August 7, 2024 (On Campus)
- February 21, 2025 – March 30, 2025 (Online over 6 weekends)
- July 25, 2025 – August 7, 2025 (On Campus)

**In-Depth Anatomy of Asana** *(2023 and 2024 Tuition: \$1134 plus accommodations and meals for on campus program delivery; 2025 tuition is TBD)*

- October 17, 2023 – October 26, 2023 (On Campus)
- October 11, 2024 – October 20, 2024 (On Campus)
- October 3, 2025 – October 12, 2025 (On Campus)

*(If you are a student entering KSIYT in 2023 and beyond, you will receive your 300-Hour Advanced Teacher of Therapeutic Yoga certification at this point in your training.)*

*(If you are a student entering KSIYT in 2023 and beyond, you will be eligible to take the remaining modules in any order after you complete the above ones in succession.)*

**Mentored Practicum** (2023 and 2024 Tuition: \$1249, 2025 tuition is TBD)

Dates are scheduled by the student once enrolled in Mentored Practicum. Students must complete 150 hours of yoga therapy delivery under the guidance of a mentor.

**Clinical Immersion** (2023 and 2024 Tuition: \$696 plus accommodations and meals for on campus program delivery; 2025 tuition is TBD)

- October 27, 2023 – November 2, 2023 (On Campus)
- October 21, 2024 – October 27, 2024 (On Campus)
- October 14, 2025 – October 20, 2025 (On Campus)

**Yoga Therapy Applied in Medical Settings** (2023 and 2024 Tuition: \$1134 plus accommodations and meals for on campus program delivery)

- November 8, 2024 – November 17, 2024 (On Campus)

**Yoga Therapy Applications within Mental Health Settings** (2023 and 2024 Tuition: \$1134 plus accommodations and meals for on campus program delivery; 2025 tuition is TBD)

- August 9, 2024 – August 18, 2024 (On Campus)
- April 18, 2025 – April 27, 2025 (On Campus)

**Pranayama, Mudra, and Subtle Anatomy** (2023 Tuition: \$1134 plus accommodations and meals for on campus program delivery; 2025 tuition is TBD)

- November 3, 2023 – November 12, 2023 (On Campus)
- August 8, 2025 – August 17, 2025 (On Campus)

**Uniting Yoga and Ayurveda Hybrid** (2023 and 2024 Tuition: \$1134 plus accommodations and meals for on campus program delivery; 2025 tuition is TBD)

- June 9, 2023-July 16, 2023 (Hybrid) | June 9 – 11, 2023 Online + 4 weekly Online Thursday evening sessions; June 15, 22, 29 & July 6, and July 9 – 16, 2023 On Campus)
- June 5, 2024 – July 14, 2024 (Hybrid) Jun 7 – 9, 2024 online + 4 weekly Online Wednesday evening sessions. On Campus July 7 0 July 14th
- 2025 TBD

\*Though Kripalu does not anticipate date changes to our 2024 programs, Kripalu reserves the right to cancel, postpone, or modify dates of any program or service. See our Terms and Conditions of Sale for more information. Dates listed for 2025 are tentative at this time.