



Kripalu Scholarship Criteria

The scholarship criteria provide scholarships for individuals facing financial barriers **OR** from communities which have been historically marginalized and/or appropriated in the wellness space. **If you are eligible for a scholarship but not experiencing financial need**, we kindly ask that you consider paying for your experience as our aim is to expand access to yoga and its tools to the greatest number of people. This is made possible through the generosity of our donors and guests like you.

Scholarships are limited to one per person annually.

CRITERIA

To qualify for scholarship, recipients must meet ONE of the below:

- Identify as a member of a community that has been **historically marginalized in wellness spaces**. Some examples include:
 - A member of the **Global Majority**, a collective term for people of African, Asian, Latin American, and Arab descent who together comprise the vast majority (around 80%) of people in the world.
 - A member of the **LGBTQIA+** Community
 - A person with a **disability** (either physical or emotionally dysregulated).
- Someone with **financial needs** based on household income.
- Someone who is of service to others including **Sacred Activists/Artists and Frontline Providers**. Sacred Activists/Artists are agents of institutional and systemic change who take wise action to create peace and sustainability in the world. (Ex-amples include educators, healthcare professionals and human service providers, including nonprofit employees)
- Someone who identifies as a member of a community that has not been adequately supported. I.e. Indigenous, Veteran.
- Former Full-Time Kripalu Ashram Resident.

The criteria aim is to reach communities that might not otherwise participate in Kripalu programs and serves as a form of reparative action. Additionally, scholarships are offered to those serving in communities, empowering them to contribute to positive change while emphasizing self-care through yogic wisdom.

In essence, the scholarship supports those dedicated to improving the world and maintaining personal well-being. The criteria are intentionally not weighted, indicating that no specific criterion carries greater importance.

Scholarships are awarded on a first come, first serve basis. This approach is designed to remove decision-making power from Kripalu.