



200-HOUR KRIPALU MEDITATION TEACHER TRAINING Monique Schubert and Cristie Newhart

FRIDAY, SEPTEMBER 5

6:30–8:30 pm

SATURDAY, SEPTEMBER 6

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, SEPTEMBER 7

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

FRIDAY, SEPTEMBER 12

6:30–8:30 pm

SATURDAY, SEPTEMBER 13

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, SEPTEMBER 14

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

MONDAY, SEPTEMBER 22

6:30–8:30 pm

FRIDAY, SEPTEMBER 26

6:30–8:30 pm

SATURDAY, SEPTEMBER 27

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, SEPTEMBER 28

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

MONDAY, OCTOBER 6

6:30–8:30 pm

FRIDAY, OCTOBER 10

6:30–8:30 pm

SATURDAY, OCTOBER 11

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, OCTOBER 12

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

MONDAY, OCTOBER 20

6:30–8:30 pm

FRIDAY, OCTOBER 24

6:30–8:30 pm

SATURDAY, OCTOBER 25

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, OCTOBER 26

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

MONDAY, NOVEMBER 3

6:30–8:30 pm

FRIDAY, NOVEMBER 7

6:30–8:30 pm

SATURDAY, NOVEMBER 8

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

SUNDAY, NOVEMBER 9

7:30–8:30 am

9:30 am–12:00 pm

2:00–4:30 pm

4:45–5:45 pm

ON CAMPUS IMMERSION BEGINS:

SUNDAY, NOVEMBER 16

7:00–9:00 pm

MONDAY–SATURDAY NOVEMBER 17– 22

7:00–8:00 am

9:00 am–11:45 am

2:00–5:45 pm

SUNDAY, NOVEMBER 23

9:30–11:45 am