

Liability Insurance Information for Canadian Members

In today's world, it is not uncommon for people to take legal action when they feel that another person's negligence caused them physical or emotional harm. The potential for legal liability is an important consideration for yoga teachers and leaders of other health and fitness programs. Though yoga is a particularly safe and gentle form of exercise, some students may still experience injuries.

The filing of a lawsuit against you can jeopardize your personal and professional financial security. Regardless of the merits of the case, the legal costs of defending yourself against the threat of an adverse judgment can be extreme. Insurance coverage is a sensible way to either eliminate or reduce the risk of legal liability to manageable levels. Perhaps more importantly, insurance is a way for you to safeguard the well-being of your clients should an injury occur.

The following is a list of companies that offer professional and general liability insurance for yoga teachers in Canada. If you know of or discover other companies that offer this type of insurance at competitive rates, please let us know.

Insurance Companies

Active Insurance Financial Group
Livia DiGiovanni
www.activeinsurance.ca
livia@activeinsurance.ca
Phone: 416-675-9888 x222
Fax: 416-675-0008

Essor Assurances
www.essor.ca
info@essor.ca

Lackner McLennan Insurance Ltd.
Gail Smith
www.lmicanada.com
gsmith@lmicanada.com
Phone: 800-265-2625 x305
Fax: 519-579-1151

Sports & Fitness Insurance Canada
www.sportsfitnesscanada.com
Phone: 888-346-6602 or 519-627-3222
Fax: 519-439-8865

Sports-Can Insurance Consultants Ltd.
www.sports-can.ca
help@sports-can.ca
Phone: 800-993-6388 or 604-685-0050
Fax: 604-669-1007

Membership Association Insurance Offers

Canadian Yoga Alliance*
www.canadianyogaalliance.com
cya@vaxxine.com
Phone: 888-571-1172

International Association of Integrative Medicine* (IAIM)
www.iaimintegrativemedicine.com
info@iaimintegrativemedicine.com

NAMASTA*
www.namasta.com
info@namasta.com
Phone: 877-626-2782
Fax: 530-482-2311

Ontario Yoga Association (OYA)*
www.ontarioyogaassociation.ca
info@ontarioyogaassociation.ca
Phone: 416-646-1600
Fax: 416-646-9460

Programmes d'Enseignement Sportif du Québec (PESQ)
(Included PESQ membership)
www.pesq.ca
pesq@videotron.ca
Phone: 450-539-3326

*Membership is required to purchase insurance.