

Recommended Resources

Books

- Michael Bloomberg and Carl Pope, *The Climate of Hope*
- Bill McKibben, *The End of Nature*
- Bill McKibben, *Oil & Honey: The Education of an Unlikely Activist*
- Rebecca Solnit, *Hope in the Dark: Untold Histories, Wild Possibilities*
- Rebecca Solnit, *A Paradise Built in Hell: The Extraordinary Communities That Arise in Disaster*
- Robert Jay Lofton, *The Climate Swerve*
 - Book [review by Bill Moyers](#)
 - Book [review in the Washington Post](#)
- Amitav Ghosh, *The Great Derangement: Climate Change and the Unthinkable*
- George Marshall, *Don't Even Think About It: Why Our Brains Are Wired to Ignore Climate Change*
- Per Espen Stoknes, *What We Think About When We Try Not To Think About Global Warming: Toward a New Psychology of Climate Action*
- John Browne, *Connect: How Companies Succeed by Engaging Radically with Society*
- Naomi Klein, *This Changes Everything: Capitalism vs The Climate, and No is Not Enough*
- Karen Reivich, *The Resilience Factor: 7 Keys to Finding Your Inner Strength and Overcoming Life's Hurdles*
- Dan Buettner, *The Blue Zones of Happiness: Lessons from the World's Happiest People*
- Jeff Goodell, *The Water Will Come: Rising Seas, Sinking Cities, and the Remaking of the Civilized World*
- Paul, Hawken, *Project Drawdown: 100 Solutions to Reverse Global Warming*

Articles and Essays

- Bill McKibben, [“Global Warming’s Terrifying New Math”](#)
- Bill McKibben, [Winning Slowly is the Same as Losing](#)
- Bill McKibben, [Movements without Leaders](#)
- Justin Gillis, [Climate Change Is Complex. We’ve Got Answers to Your Questions](#)
- [Climate Change and Mental Health: Q&A with Lise Van Sesteren, MD](#)
- David Wallace-Wells, [The Uninhabitable Earth](#)
- James Hamblin, [A Lazy Person’s Guide to Happiness](#)
- Ensia Edge, [Hot Spots by John Vidal](#)
- Tara Parker-Poe, [“How to Build Resilience in Midlife”](#)

Viewing and Listening

- [“The Game of Our Lives”](#) TEDx talk
- [Climate Change Is About Power](#)
- *An Inconvenient Truth* [DVD](#)
- *An Inconvenient Sequel: Truth to Power* [DVD](#)
- Al Gore’s TED talk, [The Case for Optimism on Climate Change](#)
- [Harvard: Climate Change & Mental Health](#)
- [Happiness in Dark Times](#), Happiness and Its Causes 2017, Maria Sirois
- Maria Sirois & Michael Steger, [“A Meaningful Life”](#), ABC Australia
- [“Living An Authentic Life”](#) TEDx talk

Other Resources

- [The New York Times climate change section](#)
- [The New York Times climate change newsletter](#)
- [Bloomberg “Climate Changed”](#)
- The Bloomberg [Carbon Clock](#)
- Climate Nexus (<https://climatenexus.org/>)
- [Climate Science Basics](#) at 350.org
- Climate Reality Project (<https://www.climate reality project.org/>)
- Yale Program on Climate Communications
 - [Blog](#)
 - [Politics & Global Warming, October 2017](#)
 - [Climate Change in the American Mind: October 2017](#)
 - [Majorities of Americans in Every State Support Participation in the Paris Agreement](#)
 - [How to Inoculate the Public Against Misinformation About Climate Change](#)
 - [Is There a Climate “Spiral of Silence” in America?](#)
- American Public Health Association website for 2016, [the Year of Climate Change and Health](#)
- American Psychological Association and ecoAmerica report: [Mental Health and Our Changing Climate: Impacts, Implications, and Guidance \(March 2017\)](#)
- [“Climate Change and Mental Health: Evidence for Action,”](#) Psychologists for Social Responsibility
- [“Climate Change and Mental Health,”](#) the Union of Concerned Scientists
- [Climate for Health](#)
- Climate CoLab, [Shifting Attitudes and Behaviors](#)
- Wellspring Institute for Neuroscience and Contemplative Wisdom, [Wise Brain Bulletin](#)
- Aspen Ideas Festival Blog, [How to Harness Nature's Healing Power](#)
- [OPINION: Is climate change driving you to despair? Read this.](#)