

Vishesh (Onsite) ●

A firm and flowing Ayurvedic massage treatment which supports the relief of muscular tension and fatigue, balances the nervous system, and enhances circulation.

- 50 minutes: \$120

FACIALS

Dr. Hauschka Facial (Onsite) ●

This treatment leaves you feeling serene, centered, and radiant. A certified Dr. Hauschka esthetician applies rhythmic touch, lymph stimulation, aromatherapy, and gentle exfoliation, all with the help of the Dr. Hauschka pure botanical skin-care line.

- 60 minutes: \$120

Ayurvedic Facial (Onsite) ●

Western science and ancient Ayurvedic wisdom unite to create a unique treatment that nourishes the skin, promotes harmony and balance.

- 60 minutes: \$120

CONSULTATIONS

Ayurvedic Health Consultations (Onsite & Virtual) ●●

Receive a one-on-one Ayurvedic consultation to address your overall health and well-being, including personalized diet and daily routine recommendations. *Please note that this service does not include diagnosis or treatment of specific conditions.*

- 50 minutes: \$110 | 80 minutes: \$160

Life Coaching (Onsite & Virtual) ●●

Work with a coach to develop an action plan that reflects both ways of being (mindfulness) and ways of doing (right actions to take).

- 50 minutes: \$105 | 80 minutes: \$155

Note *Our consultations have limited availability; please reserve one to two weeks in advance.*

METAPHYSICAL

Akashic Record Reading (Onsite & Virtual) ●●

Gain deep insight, guidance, and direction into the nature of your soul. The Akashic Records contain all human events, thoughts, words, emotions, and possibilities existing in the past, present, or future—a database encoded on the etheric plane. By accessing the Akashic Records, you confirm that you have the power to make your own choices and create your own experience.

- 50 minutes: \$135 | 80 minutes: \$200

Psychic Medium (Onsite & Virtual) ●●

Reach your fullest potential by manifesting your desires and releasing old patterns. Begin with a short meditation connecting you to spirit guides, angels, and/or loved ones on the other side. A psychic reading can help you with family and relationship issues, personal and professional goal setting, and more.

- 25 minutes: \$75 | 50 minutes: \$140

Soul Path Astrology (Onsite & Virtual) ●●

This powerful reading offers intuitive depth into your being, with a focus on the path your soul selected for this lifetime, along with the challenges and lessons it has chosen to learn. Please plan to provide your date, time, and place of birth for best accuracy.

- 25 minutes: \$60 | 50 minutes: \$100

Tarot Readings (Onsite & Virtual) ●●

Tarot readings use a system of archetypal cards to help you delve into the collective subconscious, reflect on possibilities and perspectives, and access your intuitive wisdom. This process can unlock deeper levels of self-awareness, creating a more holistic approach to navigating your personal journey and help in deciphering the questions you pose.

- 25 minutes: \$60 | 50 minutes: \$100

Healing Body Art (Onsite) ●

Embody your time here at Kripalu with a personal piece of body art. Your artist will co-create a design with you to serve as a deep reflection of this moment or to simply adorn yourself. Using all natural henna infused with Reiki, with proper care this temporary art can last 7-10 days.

- 25 minutes - \$65 | 50 minutes \$125

Services are by appointment only. Book now by calling 888.738.1822 or by visiting [kripalu.org](https://www.kripalu.org). Prices subject to change.

Tuesday 4PM-8PM | Wednesday & Thursday 11AM-9PM | Friday & Saturday 10AM-8PM | Sunday 10AM-2:30PM

Cancellation Policy

Payment is taken at the time of booking and is fully refundable for rescheduling and cancellations up to 24 hours before your service. Rescheduling or canceling treatments within 24 hours will result in a 50% forfeiture fee. The remaining balance of the treatment price will be issued as a nonrefundable credit to your Kripalu account which will be held for one year from the date of issue. If you fail to show up for your treatment, the full charge will apply.

Sick Policy

If you need to reschedule or cancel your Healing Arts treatment within 24 hours due to illness resulting in rescheduling, canceling, or leaving your scheduled visit to Kripalu early, Healing Arts will waive the cancellation fee.

Note

Treatment time is not extended for late arrivals. (Includes late arrivals due to programs running over their scheduled time.)

Gratuities not included.

Healing Arts Current Safety Guidelines

For the health and safety of all, Healing Arts will continue to monitor and follow State and Federal guidelines and recommendations including socially mindful check in options.

- Guests may arrive up to 15 minutes before their service to check in with the reception desk. Guests will have the choice to wait in their prepared treatment room up to 10 minutes before their service start time rather than waiting in the reception area.
- Guests will not need to check out with reception after their service.
- Gratuity can be handled in advance of treatment, handled directly with your practitioner or anytime by

visiting the Front Desk.

- Treatment rooms and touched surfaces will be cleaned and sanitized following each service.
- Each treatment room has windows for fresh air and/or AC during the warmer weather.
- Masks will be worn by all practitioners in the treatment rooms.
- Masks will be worn by all guests in treatment rooms except; when face down during treatment, while receiving massage on the face and during facial treatments.

*No services for minors in 2021