

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Scramble Eggs With Asparagus & Lemony Ricotta Home fries Herbed Scramble Tofu Millet Cream Maple Walnut Scones	Blueberry GF Pancakes Plain GF Pancakes Hazelnut Spread Scrambled Eggs Steel Cut Oatmeal Oatmeal	Scrambled Eggs with Leeks and Spinach Tempeh Soy Cakes Turkey Sausage Herbed Scrambled Tofu Millet Cream Steel Cut Oatmeal Cranberry Pecan Scones	Poached Eggs On Turkey Has Poached Eggs On Tempeh Hash Herbed Scrambled Tofu Upma Oatmeal Quinoa Cream Orange Poppy Seed Muffins	French Toast Gluten Free French Toast Strawberry Sauce Scrambled Eggs Steel Cut Oatmeal Oatmeal Ginger Scones	Summer Veggie Frittata Turkey Sausage Soy Sausage Herbed Scrambled Tofu Steel Cut Oatmeal Millet Cream Currant Scones	Scrambled Eggs With Mushroom And Chevre Scrambled Eggs With Mushrooms Herbed Scrambled Tofu Sweet Potato Home fries Oatmeal Steel Cut Oatmeal Chocolate Banana Muffins
	Ratatouille Grilled Polenta Steamed Beets Roasted Asparagus Sautéed Spinach Chilled Pea Soup	Chipotle Chicken Tacos Chipotle Jackfruit Taco Black Bean Succotash Guacamole Tomatillo Salsa Kale W/ Spiced Pepitas Habanero Onion Soup	Stuffed Pepper Cheesesteak Stuffed Peppers Vegan Brown And Wehani Rice Roasted Cauliflower Bok Choy Garlic And Potato soup	Asian Noodle Bar Teriyaki chicken Shiitake Miso Broth Lemongrass Fish Udon Noodles Buckwheat Noodles Assorted Toppings	Green Chili Vegetarian green chili Cilantro rice Smokey Kale Spicy pinto bean	Chicken Tamale Pie Veggie Tamale Pie Green Beans Sour cream Green Rice Guacamole Tortilla Chips	Fettuccine Mushroom Burgundy Greens and Beans Green Bean Amandine Roasted Root Veggie Creamy Broccoli Feta
DINNER	Summer Veggie Stir Fry Short grain brown rice Jasmine Rice Garlic Chili Edamame Gingered Snap Peas Chocolate Mousse	Eggplant Parm Rice Penne/Penne Marinara Sauce Primavera Veggie Pesto Sauce Minestrone Almond Crackle Cake	Korean chicken Tofu in tamari ginger broth Pineapple black rice Green jade stir fry Mashed sweet potato Brownies	Shrimp scampi Grilled Polenta Mushroom scampi Roasted Summer Squashes Sautéed Chard Thumbprint Cookies	Coconut Panko Chicken Coconut Panko Tofu Mango Chutney Radishes & Snap peas Sautéed Braising Greens Banana Chocolate Bread	Lemon Caper Fish Lemon Caper Tempeh White Basmati Sautéed Spinach Summer squash soup Vanilla Cake	Fried Chicken Chickpea Fritter Braised Collard Greens Vegan Mashed potatoes Baked beans Gumbo Lemon Poppy Einkorn Bread <i>*Menu items subject to change based on availability*</i>

## Spring/Summer Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Eggs Ranchero Tofu Ranchero Corn and potato hash Tomatillo salsa Maple Scones	Sweet Potato Pancakes Plain Pancakes Hazelnut Spread Scrambled Eggs Blueberry Sauce  Oatmeal	Scrambled Eggs With Asparagus Tofu Scramble Oatmeal  Italian Sausage Soy Sausage	Poached Eggs On Spinach Ginger Tofu Home Fries With Onions Upma  Orange Poppy Muffins	French Toast Gluten Free French Toast Toasted Coconut Strawberry sauce Whipped cream Scrambled eggs  Ginger Scones	Tomato Feta Frittata Italian Sausage Scrambled Tofu Oatmeal Quinoa Cream Currant Scones	Scrambled Eggs With Mushroom, Scallions, Chevre Scrambled Eggs Roasted Red Potatoes Scrambled Tofu Chocolate Banana Muffins
LUNCH	Spanokopita Cauliflower Cous Cous Orange Balsamic Carrots Eggplant Tomato Salad  Feta Tzatziki Lentil Soup	Thai Turkey Burgers Thai Veggies Burgers Crunchy Asian Slaw Sweet Potato Fries  Thai Chili Sauce Siracha Mayo Thai Greens Soup	Stuffed Mushrooms Warm Rice Salad Beets With Fennel  Sauteed Chard  Gazpacho	Cheese Pizza  Turkey Pepperoni And Black Olive Pizza Summer Veggie Pizza  Braised Greens Minestrone	Sausage And Peppers  Tofurkey And Peppers  Potato Salad  Coleslaw  Smoked Maple Brussels  Watermelon Soup	Falafels Pita Quinoa With Feta  Cous Cous With Feta  Medi Salad Eggplant Soup	African peanut stew  Long grain brown Plantains  Mustard greens
DINNER	Ginger tofu Jasmine rice  Curry peanut sauce Roasted Broccoli Sauteed watercress Sweet And Sour Cabbage Soup Chocolate Mousse	Broccoli Rab With Italian Sausage Broccoli Rab With White Beans Pesto Penne/ Rice Penne Green Bean Almondine  Peanut Butter Bars	Chicken Marbella Tofu Marbella  Grilled Polenta Roasted Potatoes Sauteed Kale  Brownies	Salmon Cake Chickpea Corn Cake  Green Beans Quinoa Salad Miso honey cauliflower Creamy White Bean  Thumbprint Cookies	Honey Lemon Chicken Honey Lemon Tofu Asparagus Herbed Fingerlings Sauteed Arugula Chilled Peach Soup Banana Chocolate Bread	Green Curry Shrimp Green Curry Tempeh Green Jade Stir Fry Thai Melon Soup Vanilla Cake	Fried fish Chickpea fritter Baked potato fries Tartar Sauce Broccoli Rab Creamy Vegetable Soup Welcome Bread Lemon Poppy Bread  <i>*Menu items subject to change based on availability*</i>