



Kripalu Faculty Program

June 17–24, 2018

Stand Up Paddleboarding YTT

Sun 5:00–7:30 pm Dinner
 6:45–7:15 Kripalu Orientation *Guest Services*
7:30–9:00 Opening Session

Mon 6:30–8:00 am Kripalu Yoga Classes
 7:00–8:30 Breakfast
8:45–11:45 Program Session
 11:45–1:30 pm Lunch
1:45–3:45 Program Session
 4:15–5:45 Kripalu Yoga Classes
 5:30–7:00 Dinner

Tue 6:30–8:00 am Kripalu Yoga Classes
 7:00–8:30 Breakfast
8:45–11:45 Program Session
 11:45–1:30 pm Lunch
1:45–3:45 Program Session
 4:15–5:45 Kripalu Yoga Classes
 5:30–7:00 Dinner

Wed 6:30–8:00 am Kripalu Yoga Classes
 7:00–8:30 Breakfast
8:45–11:45 Program Session
 11:45–1:30 pm Lunch
1:45–3:45 Program Session
 4:15–5:45 Kripalu Yoga Classes
 5:30–7:00 Dinner

Thu 6:30–8:00 am Kripalu Yoga Classes
 7:00–8:30 Breakfast
8:45–11:45 Program Session
 11:45–1:30 pm Lunch
1:45–3:45 Program Session
 4:15–5:45 Kripalu Yoga Classes
 5:30–7:00 Dinner

Fri 6:30–8:00 am Kripalu Yoga Classes
 7:00–8:30 Breakfast
8:45–11:45 Program Session
 11:30–1:30 pm Lunch
1:45–3:45 Program Session
 4:15–5:45 Kripalu Yoga Classes
 5:00–7:30 Dinner

Sat 6:30–8:00 am Kripalu Yoga Classes
 7:00–8:30 Breakfast
8:45–11:45 Program Session

This program is eligible for YA CECs. Please see reverse side.

Please note that this schedule is subject to change. See the Optional Events board for detailed information.



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	11:30–2:00 pm	Lunch
	1:45–3:45	Program Session
	4:15–5:45	Kripalu Yoga Classes
	5:30–7:30	Dinner
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Sun	6:30–8:00 am	Kripalu Yoga Classes
	7:00–8:30	Breakfast
	8:45–10:45	Program Session
	11:30–1:30 pm	Lunch

Kripalu

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