



MINDFUL OUTDOOR GUIDE CERTIFICATION LEVEL 1: Forest Community
 April 22–May 1, 2022
 Micah Mortali and Katie Hagel

APRIL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2022						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23 6:30–8:00 am 9:30–12:00 pm 2:00–6:00 pm 7:30–9:00 pm
	24 6:30–8:00 am 9:30–12:00 pm 2:00–6:00 pm 7:30–9:00 pm	25 6:30–8:00 am 9:30–12:00 pm 2:00–6:00 pm 7:30–9:00 pm	26 6:30–8:00 am 9:30–12:00 pm 2:00–6:00 pm 7:30–9:00 pm	27 6:30–8:00 am 9:30–12:00 pm 2:00–6:00 pm 7:30–9:00 pm	28 6:30–8:00 am 9:30–12:00 pm 2:00–6:00 pm 7:30–9:00 pm	29 6:30–8:00 am 9:30–12:00 pm 2:00–6:00 pm 7:30–9:00 pm	30 6:30–8:00 am 9:30–12:00 pm 2:00–6:00 pm 7:30–9:00 pm

Please note Times are subject to change. All class times are EST and will occur on the Kripalu campus.



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MAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2022	1 6:30–8:00 am 9:30–12:00 pm	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

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