

JULY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2022						1	2
	3	4	5	6	7	8	9
	10	11 7:00–8:30 pm	12 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm	13 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm	14 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm 7:00–8:30 pm	15 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm	16 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm
	17 6:30–7:45 am 8:45–11:45 am	18 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm	19 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm	20 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm 7:00–8:30 pm	21 2:00–6:00 pm	22 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm	23 6:30–7:45 am 8:45–11:45 am 2:00–6:00 pm
	24 6:30–7:45 am 8:45–10:45 am	25	26	27	28	29	30

Please note Times are subject to change. All class times are EST and will occur on the Kripalu campus.