



Black Yoga Teachers Alliance Conference: We Are One

Your Program Session Schedule (Subject to change.)

THURSDAY, JULY 6

Kripalu Orientation (*Orchard Room*)

6:45–7:15 pm

Evening Program (*Main Hall*)

7:30–9:00 pm

Welcome to BYTA 2017 Conference *Maya Breuer and Jana Long*

Sacred Drum, Chant, and Prayer Circle *Issa Coulibaly, Abigail Jefferson, Irene "Strong Oak" Lefebvre, and Shawn "Red Eagle" Stevens*

FRIDAY, JULY 7

Morning Yoga

6:00–7:30 am (Concurrent practices; choose one.)

Yoga Class One: Octavia Raheem, All Levels (*Orchard Room*)

Yoga Class Two: Marshawn Feltus, All Levels (*Main Hall*)

Morning Program (*Main Hall*)

9:00–11:00 am

Energy, Consciousness and Change *Shola Arewa, Learning Laboratory*

11:15 am–12:00 pm

FREE Time

LUNCH

Afternoon Programs

1:30–3:00 pm (Concurrent workshops; choose one.)

Restorative Yoga for R&R *Dr. Gail Parker, Learning Laboratory (Main Hall)*

Yoga Effects on Connective and Scar Tissue *Arturo Peal, Learning Laboratory (Orchard Room)*

3:30–5:00 pm

Wisdom of the Ancestors *Shawn Stevens and Strong Oak (Main Hall)*

DINNER

Evening Program (*Main Hall*)

7:00–9:00 pm

Vibration Healing *Maya Breuer and Jana Long featuring gong meditation with Dharam Singh*

SATURDAY, JULY 8

Morning Yoga

6:00–7:30 am (Concurrent practices; choose one.)

Yoga Class One: MutShat Shemsut, Kundalini Yoga (*Main Hall*)

Yoga Class Two: Douglas Goodbee, All Levels (*Orchard Room*)

Morning Program

9:00 am–12:00 pm

Plenary Session: HOW'S BUSINESS? Best Practices for Your Yoga Business (*Main Hall*)

Moderator: Maya Breuer

Panelists: Shola Arewa, Marshawn Feltus, Octavia Raheem and Andrew Tanner

LUNCH

Afternoon Program

1:30–3:00 pm

Ways of Being: African Drum and Movement *Issa Coulibaly and Abigail Jefferson (Main Hall)*

3:00–5:00 pm

FREE Time (*Book signing 3:00–4:00 pm*)

DINNER

Evening Program (*Main Hall*)

7:00–9:00 pm

Agni Hotra and Dance Medicine *Maria Broom*

(Open to all Kripalu guests)

SUNDAY, JULY 9

Morning Yoga

6:00–7:30 am (Concurrent practices; choose one.)

Yoga Class One: Daya Devi Doolin, All Levels (*Orchard Room*)

Yoga Class Two: Ras Omar Kush, All Levels (*Main Hall*)

BREAKFAST

Closing Session

9:00 am–12:00 pm

Complete Evaluations with Assistants (*Main Hall*)

BYTA Business Update

Q & As

Share Circle, Closing, and Farewells *Maya Breuer and Jana Long*