

Certificate in Wholebeing Positive Psychology Program Dates

The curriculum consists of nine modules, including seven online modules and two onsite immersions. Each immersion is five days, starting on Sunday evening and ending Friday afternoon. Module 1 is immediately available upon registration, providing a self-directed foundation before the entire student body begins together with Module 2.

[Download the full syllabus.](#)

Module	Dates
Module 1 (online) Introduction to Wholebeing Happiness	Available upon registration.
Module 2 (online) What Makes Us Happy(er)	February 4–March 1, 2019
Break	March 4–8, 2019
Module 3 On-Site Residential Immersion	March 10–15, 2019
Break	March 18–22, 2019
Module 4 (online) Moving Toward Your Best Self	March 25–April 19, 2019
Module 5 (online) Living and Working Well with Others	April 22–May 17, 2019
Submit “Forever Idea” Project	May 27–31, 2019
Module 6 (online) Realizing Dreams	June 3–June 28, 2019
Break	July 1–5, 2019
Module 7 (online) Resilience and Grit	July 8–August 2, 2019
Forever Project Presentations	August 5–9, 2019
Module 8 (online) Choosing Your Best Life	August 12–September 6, 2019
Break	September 9–13, 2019
Module 9 On-Site Residential Immersion	September 15–20, 2019