

During this program, we will work both inside and outside. There are a few things you should bring with you to assure that you have what you need to make your time in my class more pleasant. Here are suggested supplies:

- A water bottle for drinking
- A sun hat or visor (for painting outdoors) and sunblock
- Insect repellent
- Hand-wipes (for hands and quick clean ups)
- Smock or clothes that can get dirty; comfortable clothes for yoga and painting.

Art Supplies

- A small set of watercolors. STAPLES carries a brand called **Prang**, a set that contains little pans of color. This is a good and inexpensive choice, or bring any watercolors you may have.
- A watercolor brush (number 12, 14, or 16). Bring any brushes you may have.
- A set of **oil pastels** (sometimes known as **CRAY-PAS.**) **Michael's** arts and crafts store has a good selection of brands; the Michael's brand is very inexpensive.
- A small set of soft pastels. These are different from oil pastels as they are chalky and "come off" if you touch them. (**hand wipes** really help to keep fingers clean). Buy a set that has at least 24 colors. Some suggested brands are *Rembrandt, Unison, Holbein* and *Sennelier*. Less expensive brands are okay since you will be learning to use them and **needn't invest a lot of money**.
- A board that you can put your paper on: cardboard, foam core, (it should be light weight yet sturdy). Masonite is too heavy and has sharp corners. The size should be approximately 11x14 inches or 16x20 inches.
- A roll of masking tape
- A container with a top for water (yogurt or similar).
- A couple of regular pencils.
- Hand-wipes, rags, a roll of paper towels are all handy things to have.

Note Bring any supplies you have and would like to try. **Nothing is off limits.** This class is about experimentation! I will bring extra art supplies; if there are items you can't bring, you can borrow or buy supplies in class.

I recommend the following websites to purchase art supplies at a discount. Michaels and Jo-Anne's are good retail stores. On line sites are: DickBlick.com, CheapJoes.com, DanielSmith.com, and Jerry's art-a-Rama.com, You can "google" discount art supply stores and find your own.

If you have specific questions, you can contact me at yogapaint@verizon.net or call me at 954-295-8511.

I hope to see you in the program!

Sincerely,
Linda Novick