EMDR Therapy Advanced Training Information

IT IS VERY IMPORTANT THAT YOU READ THIS INFORMATION IN FULL.

To participate in this training program you must be a mental health clinician who is licensed for independent practice and have completed the EMDR Basic Course from an EMDRIA-Approved program. You must also have some experience treating traumatized clients with EMDR. If you have questions about your eligibility, please contact the trainer directly at info@deanylaliotis.com for more information. Please note you will be asked to submit verification of your EMDR Basic training program before you will be accepted into this workshop.

You will need to attend all training days in order to earn CEUs for this course. A certificate of completion in addition to CEUs will be provided on the last day of the workshop.

Because this training includes an experiential component, you must be prepared to work on personal issues in the practice sessions. Participants who are not willing or able to do experiential work on adverse life experiences should not apply for this workshop. If due to trauma, illness, or other stressors you are not emotionally stable, you should not take this workshop at this time. If you have any questions or concerns about any of the above, please contact the trainer at the above email address prior to registering for this training. As disturbing material can emerge during practice sessions that may or may not completely resolve before the completion of the program, it is recommended that you seek private treatment on your own subsequent to the training program.

This training program is not for a novice therapist or a therapist with little or no experience in trauma treatment. Please make sure that your CV or resume reflects your clinical experience. Please feel free to enclose a letter if you wish to explain in greater detail your clinical experience and current practice context. All applications will be reviewed and we will do our best to ensure that all participants have adequate clinical experience and have a practice context where the advanced applications of EMDR would be appropriate. An inexperienced therapist or therapist with little opportunity to use EMDR will not derive much benefit from this training and, in this intimate retreat setting, might negatively impact the learning experience of others. Please consider these variables before registering for this workshop.

To enroll:

Register with Kripalu and submit payment.

Submit the following documents to training@deanylaliotis.com for program participation eligibility approval:

- A signed and dated copy of the Participant’s Agreement Form (attached and found here).
- A current copy of your CV or resume
• A copy of your current professional license
• A copy of your certificate of completion from an EMDRIA-approved training in EMDR

You will receive confirmation of participation approval via e-mail within three days of submitting your information.
The undersigned participant acknowledges that (s)he has read carefully, understands, and agrees to the following:

1. The boundaries of clinical applications for other than PTSD and EMDR have not yet been confirmed by controlled research. The cautions are based primarily on anecdotal reports by trained clinicians.

2. All participants must be licensed, or have completed master’s level coursework in a mental health discipline and are currently on a licensing track, supervised by a licensed clinician. Written verification from the clinical supervisor is required in advance of the workshop.

3. It is expected that participants have a current active psychotherapy caseload. This training is specifically designed to apply and integrate the use of EMDR in one’s clinical practice context.

4. A substantive component of the workshop involves participants practicing EMDR in dyads or small groups under the guidance of the instructor. The practice experiences are for educational purposes only. While one can anticipate significant personal experiences will take place during and after the workshop, it is not personal therapy. All participants should be prepared to address disturbing real life experiences as part of this training program in order to optimize their learning and to better appreciate the subjective experience of EMDR as a client would. It is not unusual for memories to be linked to other, unexpected, disturbing experiences or material which might surface during or after the practice sessions. Case material presented didactically or on video may be disturbing to those with unresolved personal issues. It is expected that the participant has their own self-soothing and affect/arousal management skills that they will be able to employ as necessary during and following EMDR practice sessions. It is the responsibility of the participant to seek and obtain appropriate professional assistance if needed. Providing such assistance is not an extension of the training and will not be provided by the EMDR instructors. Clinicians who elect to do personal EMDR work can seek referral information on EMDR trained clinicians from EMDR Institute and EMDRIA.

5. Further, with reference to number 4 above
   a. Clinicians presently engaged in personal therapy and/or psychiatric treatment that is addressing significant personal issues should inform the therapist/psychiatrist about the experiential component of this training and review with them the decision to participate in this training.
   b. Those with limiting or special medical conditions (pregnancy, heart condition, ocular difficulties, etc.) should consult their medical professionals before participating in this training and should discuss the condition with the instructors in advance of the training.
   c. Those who presently have a dissociative disorder, acute or chronic PTSD, an active substance use disorder, personality disorder, or major affective disorders should not participate without clearing it with the instructor at the time of registration. Failure to advise the instructor could unnecessarily place you at risk, negatively impact other participants, and result in premature termination from the workshop. Participants who are disruptive to the training will be given one warning by the instructor and will be dismissed if there is a recurrence. You are expected to maintain a spirit of cooperation and mutual support for all throughout the workshop. Splitting and conflict-generating behavior will not be tolerated. You agree that the instructor has the right to dismiss you from the training at any time if, in her sole judgment you negatively impact the workshop experience of others.
6. This experiential workshop is for clinical purposes only and will not qualify the participant to train others in EMDR. Attempts to train others in EMDR without meeting the standards as defined by the EMDR International Association would represent a professional ethics violation.

7. In order to assure confidentiality of personal and clinical information, audio/video taping is not allowed. It is expected that all participants shall maintain the highest ethical standards of confidentiality of all personal and clinical information shared by others in this training. **Failure to maintain confidentiality shall be treated as a professional ethics issue and may be reported to a licensing board.** Confidentiality shall apply to all practice experiences: specifics may be discussed only with members of the immediate practice group, the practicum facilitator and trainer. A participant may share emerging material with a private therapist.

8. **A Certificate of Completion and CEUs will be issued on the last day of the workshop. It is required that you attend the workshop in its entirety in order to receive full credit.** Participants are expected to participate actively for the duration of the workshop experience. Failure to attend part of the workshop will negatively impact your training experience and could have a negative impact on the group process.

9. Completion of the EMDR Basic Course from an EMDRIA-Approved provider is a prerequisite for taking this workshop. Please provide the date of completion and the name of the training institution. A copy of your certificate of completion must be attached to this application.

Date of Completion: ________________________

Name of Institute (check one): EMDR Institute, Inc. _____ EMDR of Greater Washington _____ Other: __________________

**Accepted and agreed:**

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